

Foam Lake streets are an "In Motion Zone"

The Town of Foam Lake and Leisure Services wish to remind all vehicle drivers that our community has been declared an **"In Motion" Community.**

("In Motion" is a province wide movement to promote increased physical activity and healthy lifestyles to all our citizens)

By declaring Foam Lake "In Motion", this means our streets could be "In Motion Zones"...where walkers, bikers, joggers, roller bladers and other forms of physical activity utilize the roadways for exercise.

HERE ARE SOME COMMON SAFETY TIPS FOR VEHICLES AND FOR PEOPLE IN MOTION ON OUR STREETS. IF EVERYONE FOLLOWS THESE BASIC SAFETY GUIDELINES, BOTH MOTOR VEHICLES AND "IN MOTION" CITIZENS MAY BE SAFE ON THE ROADS.

TIPS FOR IN MOTION CITIZENS

- All people In Motion on the street should be alert and aware of motor vehicle traffic
- Bikers should stay off the sidewalks.. sidewalks are meant predominately for pedestrians
- Bikers should obey all stop and yield signs on the streets as well as utilize hand signals
- Bikers are encouraged to wear helmets
- Walkers should walk on: a) sidewalks b) facing oncoming traffic (this means you would walk nearest your left hand curb)
- Rollerbladers & skateboarders that are on the street should obey the vehicle rules of the road, and travel by your nearest left hand curb facing oncoming traffic
- Rollerbladers & skateboarders should wear appropriate protective gear in case of falls.
- All people In Motion on streets should wear reflective/bright clothing if out in dusk/dark conditions

TIPS FOR PEOPLE DRIVING MOTOR VEHICLES

- Please keep alert and your in-town speed to a minimum to avoid any potential accidents with In Motion people on the roadways
- Reduce vehicle speed..especially near or by our school zones, our parks and outdoor recreation areas and facilities. This is where you will most likely encounter people In Motion.
- Please respect the fact that our community has been declared In Motion and in many cases be prepared to yield the right of way to people on foot participating in physical activity.

Our Spring/Summer "In Motion" season is upon us...our streets will soon be busy with people getting their daily exercise - let's stay "In Motion" but let's also

STAY SAFE, FOAM LAKE
Foam Lake Leisure Services